

NAME:	DATE:
ADDRESS:	CELL: ()
	SERVICE PROVIDER:
CITY: STATE: ZIP:	☐ AT&T ☐ Verizon ☐ Sprint ☐ T-Mobile ☐ Metro ☐ Virgin ☐ US Cell ☐ Cingular ☐ Boost
GENDER: □ Male □ Female	HOME: ()
DATE OF BIRTH:	WORK: ()
MARITAL STATUS: □ Single □ Married □ Divorced □ Widow	EMAIL: ()
EMPLOYER:	REFERRED BY:
INSURANCE PROVIDER:	EMERGENCY CONTACT INFORMATION
PRIMARY PHYSICIAN:	NAME:
MAY WE CONTACT YOUR PHYSICIAN? ☐ Yes ☐ No	PHONE NUMBER:
Reason for Visit	
☐ Chronic Condition ☐ Wellness/Main	ntenance
☐ Automobile Accident ☐ Trauma	□ Other
Pain Diagnostic Questions	
HOW/WHEN DID YOUR PAIN BEGIN?	
WHERE ARE YOU EXPERIENCING THIS PAIN?	
CHECK THE DESCRIPTION(S) WHICH BEST MATCHES THE I DULL ACHING SHARP SHOOTING BURNING THROBBING DEEP NAGGING OT	3
PAIN GRADE INTENSITY SCALE (0=None,10=Most) 0	
HOW FREQUENT IS PAIN PRESENT? □ NOT OFTEN □ REGULARLY. BUT COMES AND GOES	□ ALL THE TIME □ NO PAIN AT ALL
HOW LONG DOES IT LAST?	
DOES ANYTHING MAKE THE PAIN BETTER OR WORSE?	
□ YES □ NO IF YES, WHAT?	
DOES THIS PAIN RADIATE OR TRAVEL (SHOOT) TO ANY AREAS OF YOUR BODY?	
☐ YES ☐ NO IF YES, WHERE?	
DO YOU HAVE ANY NUMBNESS/TINGLING IN YOUR BODY	? □YES □NO
HAVE YOU HAD AN X□RAY, MRI, NCS, EMG, OR BLOOD TE	EST TO HELP DIAGNOSE THIS CONDITION?
☐ YES ☐ NO IF YES, WHERE?	
HAVE YOU SOUGHT ANY TREATMENTS, MEDICATIONS, SU	
☐ YES ☐ NO IF YES, EXPLAIN	
HAVE YOU HAD ANY COLON, HEART, LUNG, URINARY, OR	
☐ YES ☐ NO IF YES, EXPLAIN	



PREVIOUS INJURY OR TRAUMA:		
HAVE YOU EVER BROKEN ANY BONES? YES DO	DO YOU DRINK FREQUENCY:	
F YES, WHICH ONES?PLEASE LIST ANY ALLERGIES YOU HAVE:		E? YES NO
ARE YOU CURRENTLY TAKING MEDICATION AND	OR SUPPLEMENTS? ☐ YE	S □ NO
F YES, PLEASE PROVIDE A LIST OF MEDICATIONS	AND/OR SUPPLEMENTS II	N THE TABLE BELOW.
MEDICATION	REASON	N FOR TAKING
HAVE YOU EVER HAD ANY SURGERY, OPERATION F YES, PLEASE PROVIDE A LIST OF PROCEDURES SURGERY		RE? YES NO DATE OF PROCEDUR
Camily Health History STHERE ANY HEALTH HISTORY OR FAMILY HISTORY HISTORY HISTORY HISTORY HISTORY H	LTH HISTORY THAT YOU I	FEEL IS IMPORTANT TO S
YES NO IF YES, PLEASE DESCRIBE: IMMEDIATE FAMILY MEMBER	CAUSE OF DEATH	AGE
ocial & Occupational History OCCUPATION/ JOB DESCRIPTION:		
CCUPATION/ JOB DESCRIPTION:		



Patient Injury Type	Work-Related	☐ Slip-and-Fall	☐ Other
Accident Information		-	
INSURANCE PROVIDER:		HAVE	YOU RETAINED AN ATTORNEY? Yes No
NAME OF AGENT:		NAME	OF ATTORNEY:
COMPANY ADDRESS:		ATTOR	NEY'S ADDRESS:
DRIVER'S LICENSE NUMBE	R:		
Accident History DATE OF ACCIDENT: WHAT WERE THE WEATHER		OF ACCIDENT:	□A.M. □ P.M.
IN YOUR OWN WORDS, PLEA	ASE EXPLAIN WHA	HAPPENED:	
WHERE DID YOU FEEL THE MARK PAIN AREA ON THE BE (+ for Burning, 0 for Stabbing, -	BODY DIAGRAM.	☐ YES ☐ NO IF Y	BEEN INJURED IN A SIMILAR MANNER? ES, HOW AND WHEN?
WHAT ARE YOUR CURRENT SYMPTOMS?			MS?
			E INCIDENT? YES NO
	HOW LONG?		
DID YOU RECEIVE TREATMI	ENT FROM ANY OT	HER HEALTH CARE S	PECIALIST? □ YES □ NO
IF YES, PLEASE PROVIDE TH	E FOLLOWING INF	ORMATION:	
SPECIALIST'S NAME AND TI	TLE:		
KIND OF TREATMENT:			
LENGTH OF TREATMENT:			
HAVE YOU HAD ANY TIME I	LOSS FROM WORK	YES NO IF YE	ES, FROMTO
HAVE YOU HAD TO HAVE A	NY OUTSIDE HELP	Y S YES S NO IF YE	ES, WHAT TYPE?



utomobile Accident Q			
PLEASE USE THE GRID BE THE STREET OR ROADWA			AW DIRECTION
THE STREET OR ROADWA	T WHERE THE CRAS	SH OCCURRED.	1 YOUR VEHICLE
			2 OTHER VEHICLE
			PEDESTRIAN/ NON-MOTORIST
			SELECT ONE OF THE FOLLOWING IF YOUR CRASH DID NOT OCCUR ON A PUBLIC WAY: Off-Street Parking Lot Garage Mall/Shopping Center Other
WHAT KIND OF VEHICLE ☐ Semi-Truck ☐ Truck ☐ V MAKE:	an/SUV ☐ Sedan ☐ E	conomy/Electric	lotorcycle
WAS THERE DAMAGE DO IF YES. MARK "X's" ON TH			
•	G WHEN THE ACCID ☐ Backseat Passenger (I THE CAR WITH YOU? RED? ☐ YES ☐ NO	ENT OCCURRED? Driver's Side) □ Backse	eat Passenger (Passenger Side) Other TES, HOW MANY? 1 2 3 4+
		es □ No IF YES, HC	OW MANY? 1 2 3+
F YES, PLEASE LIST THE V □ Semi-Truck □ Truck □ Vε MAKE:	ın/SUV □ Sedan □ Eo MODEL:	conomy/Electric Mo	,
□ Semi-Truck □ Truck □ Va MAKE:		conomy/Electric Mo	otorcycle Other
WAS THERE DAMAGE DON	E TO THE OTHER VE	EHICLE?	s □ No THE POINT(S) OF IMPACT:
TATE ANY STRANGE EVE	NTS THAT HAPPENE	D DURING OR IMME	EDIATELY AFTER THE ACCIDENT:
SIGNATURE:			DATE:



PERSONAL INJURY FORM

NECK PAIN AND DISABILITY QUESTIONNAIRE (VERNON-MIOR)

This questionnaire has been designed to give your health care provider information as to how your neck pain has affected your ability to manage everyday life. Please answer ever section and mark in each section only the ONE box which applies to you. I realize you may consider that two of the statements in any one section relate to you, but please just mark the one which most closely describes your problem today.

SECTION 1- PAIN INTENSITY	SECTION 6- CONCENTRATION
☐ I have no pain at the moment.	\Box I can concentrate fully when I want with no difficulty.
☐ The pain is very mild at the moment.	☐ I can concentrate fully when I want with slight difficulty.
The pain is moderate at the moment.	☐ I have a fair degree of difficulty concentrating when I want.
☐ The pain is fairly severe at the moment.	☐ I have a great deal of difficulty concentrating when I want.
☐ The pain is very severe at the moment.	☐I cannot concentrate at all.
☐ The pain is the worst imaginable at the moment.	
- · · · · · · · · · · · · · · · · · · ·	SECTION 7- WORK
SECTION 2- PERSONAL CARE	☐ I can do as much work as I want.
☐ I can look after myself normally without causing pain.	☐ I can do my usual work but no more.
☐ I can look after myself normally but it causes extra pain.	☐ I can do most of my usual work but no more.
☐ It is painful to look after myself and I am slow and careful.	☐I cannot do my usual work.
☐ I need some help but manage most of my personal care.	☐ I can hardly do any work at all.
☐ I need help every day in most aspects of self-care.	☐ I can't do any work at all.
☐ I do not get dressed, I wash with difficulty, and I stay in bed.	,
	SECTION 8- DRIVING
SECTION 3- LIFTING	☐ I can drive my car without any neck pain.
☐ I can lift heavy weights without extra pain.	☐ I can drive my car as long as I want with slight pain in my
☐ I can lift heavy weights but it causes extra pain.	neck.
□ Pain prevents me from lifting heavy weights off the floor,	☐ I can drive my car as long as I want with moderate pain in
but I manage if they are conveniently positioned (e.g. on a	my neck.
table)	☐ I can't drive my car as long as I want because of moderate
□ Pain prevents me from lifting heavy weights but I can	pain in my neck.
manage light to medium weights if they are conveniently	☐ I can hardly drive at all because of severe pain in my neck.
positioned.	☐ I can't drive my car at all.
☐ I can only lift very light weights at the most.	,
☐ I cannot lift or carry anything at all.	SECTION 9- SLEEPING
, ,	☐ I have no trouble sleeping.
SECTION 4- READING	☐ My sleep is slightly disturbed (less than 1 hour sleepless).
☐ I can read as much as I want with no neck pain.	☐ My sleep is mildly disturbed (1-2 hours sleepless).
☐ I can read as much as I want with slight neck pain.	☐ My sleep is moderately disturbed (2-3 hours sleepless).
☐ I can read as much as I want with moderate neck pain.	☐ My sleep is greatly disturbed (3-5 hours sleepless).
☐ I can't read as much as I want because of moderate neck	☐ My sleep is completely disturbed (5-7 hours sleepless).
pain.	
☐ I can hardly read at all because of severe neck pain.	SECTION 10- RECREATION
☐ I cannot read at all.	□I am able to engage in all my recreation activities with no
	neck pain.
SECTION 5- HEADACHES	□I am able to engage in all my recreation activities with some
☐ I have no headaches at all.	neck pain.
☐ I have slight headaches that come infrequently.	☐ I am able to engage in most but not all of my usual
☐ I have moderate headaches that come infrequently.	recreation activities because of neck pain.
☐ I have moderate headaches that come frequently.	☐ I am able to engage in a few of my usual recreation activities
☐ I have headaches almost all the time.	because of neck pain.
	☐ I hardly do any recreation activities because of neck pain.
	☐ I can't do recreation activities at all.
SIGNATURE:	DATE:
DIGITAL CICL.	DATE



PERSONAL INJURY FORM

ROLAND-MORRIS LOW BACK PAIN QUESTIONNAIRE

When your back hurts, you may find it difficult to do some of the things you normally do. This list contains some sentences that people have used to describe themselves when they have back pain. When you read them, you may find that some stand out because they describe you today. As you read the list, think of yourself **today**. When you read a sentence that describes you today, put a check mark by it. If the sentence does not describe you, then leave the space blank and go on to the next one. Remember, only place a check mark by the sentence if you are sure that it describes you today.

□ 1. I stay at home most of the time because of my ba	ck.
□ 2. I change position frequently to try and get my ba	ck comfortable.
\square 3. I walk more slowly than usual because of my bac	ck.
☐ 4. Because of my back, I am not doing any of the jo	bbs that usually do around the house.
☐ 5. Because of my back, I use a handrail to get upsta	irs.
☐ 6. Because of my back, I lie down to rest more often	n.
☐ 7. Because of my back, I have to hold onto somethi	ng to get out of an easy chair.
\square 8. Because of my back, I try to get other people to \square	lo things for me.
\square 9. I get dressed more slowly than usual because of i	ny back.
\square 10. I only stand up for short periods of time because	e of my back.
$\ \square$ 11. Because of my back, I try not to bend or kneel α	lown.
\square 12. I find it difficult to get out of a chair because of	my back.
□ 13. My back is painful almost all of the time.	
\square 14. I find it difficult to turn over in bed because of i	ny back.
\square 15. My appetite is not very good because of my bac	k pain.
\square 16. I have trouble putting on my socks (or stocking	s) because of pain in my back.
$\hfill 17$. I only walk short distances because of my back	pain.
☐ 18. I sleep less well because of my back.	
$\ \square$ 19. Because of my back pain, I get dressed with hel	p from someone else.
\square 20. I sit down for most of the day because of my ba	ck.
\square 21. I avoid heavy jobs around the house because of	my back.
$\ \square$ 22. Because of my back pain, I am more irritable ar	nd bad-tempered with people than usual.
□ 23. Because of my back, I go upstairs more slowly	than usual.
\square 24. I stay in bed most of the time because of my back	ek.
SIGNATURE:	DATE:



PERSONAL INJURY FORM

LOW BACK PAIN AND DISABILITY QUESTIONNAIRE (REVISED OSWESTRY)

This questionnaire has been designed to give the doctor information as to how your back pain has affected your ability to manage everyday life. Please answer every section and mark in each section only the ONE box that applies to you. We realize that you may consider that two of the statements in any one section relate to you, but please just mark the box that most closely describes your problem.

	☐ I avoid sitting because it increases pain right away.
SECTION 1- PAIN INTENSITY	
☐ The pain comes and goes and is very mild.	SECTION 6- STANDING
☐ The pain is mild and does not vary much.	☐I can stand as long as I want without pain.
☐ The pain comes and goes and is moderate.	☐ I have some pain standing, but it doesn't increase with time.
☐ The pain is moderate and does not vary much.	☐ I cannot stand longer than one hour without increasing pain.
☐ The pain comes and goes and is very severe.	☐ I cannot stand longer than ½ hour without increasing pain.
☐ The pain is severe and does not vary much.	☐ I cannot stand longer than 10 minutes without increasing
·	pain.
SECTION 2- PERSONAL CARE	☐ I avoid standing because it increases the pain right away.
□ I would not have to change my way of washing or dressing	
in order to avoid pain.	SECTION 7- SLEEPING
☐ I do not normally change my way of washing or dressing	☐I get no pain in bed.
even though it causes some pain.	☐ I get pain in bed, but it doesn't prevent me from quality rest
☐ Washing and dressing increases the pain, but I manage not	Because of pain, my normal night's sleep is reduced by ½.
to change my way of doing it.	\Box Because of pain, my normal night's sleep is reduced by $\frac{1}{2}$.
☐ Washing and dressing increases the pain and I find it	Because of pain, my normal night's sleep is reduced by 3/4.
necessary to change my way of doing it.	Pain prevents me from sleeping at all.
☐ Because of the pain, I am unable to do some washing and	
dressing without help.	SECTION 8- SOCIAL LIFE
☐ Because of the pain, I am unable to do any washing and	☐ My social life is normal and gives me no pain.
dressing without help.	☐ My social life is normal, but increases the degree of pain.
	☐ Pain has no significant effect on my social life apart from
SECTION 3- LIFTING	limiting my more energetic interests, e.g., dancing, etc.
☐ I can lift heavy weights without extra pain.	Pain has restricted my social life and I don't go out often.
☐ I can lift heavy weights, but it causes extra pain.	☐ Pain has restricted my social life to my home.
□Pain prevents me from lifting heavy weights off the floor,	☐ I have hardly any social life because of the pain.
but I manage if they are conveniently placed (e.g. on a table).	
□Pain prevents me from lifting heavy weights, but I can	SECTION 9- TRAVELLING
manage light to medium weights if they are conveniently	☐ I get no pain while travelling.
positioned.	☐ I get some pain while travelling, but none of my usual form:
☐ I can only lift very light weights at the most.	of travel makes it any worse.
	☐ I get extra pain while travelling, but it does not compel me
SECTION 4- WALKING	to seek alternative forms of travel.
☐ I have no pain when walking.	☐ I get extra pain while travelling, which compels me to seek
□ I have some pain walking, which does not increase with	alternative forms of travel.
distance.	☐ Pain restricts all forms of travel.
☐ I cannot walk more than one mile without increasing pain.	☐ Pain prevents all forms of travel except those done lying
☐ I cannot walk more than ½ mile without increasing pain.	down.
☐ I cannot walk more than ¼ mile without increasing pain.	
☐ I cannot walk at all without increasing pain.	SECTION 10- CHANGING DEGREE OF PAIN
	☐ My pain is rapidly getting better.
SECTION 5- SITTING	\square My pain fluctuates, but is definitively getting better.
☐ I can sit in any chair as long as I like.	\square My pain is getting better, but improvement is slow.
☐ I can only sit in my favorite chair as long as I like.	\square My pain is neither getting better nor worse.
☐ Pain prevents me from sitting more than one hour.	\square My pain is gradually worsening.
□ Pain prevents me from sitting more than ½ hour.	\square My pain is rapidly worsening.
□ Pain prevents me from sitting more than 10 minutes.	
SIGNATURE:	DATE:
SIGNATUKE	DATE